

With Don Bosco truck masters towards Prostate Maximum Elective 2015 World Assembly

Third core: May to June
Words of Sister Mary Luisa Miranda,
General Counsel for the area of the Salesian Family
"Sense of belonging to the Association of Pupils of FMA"

We got to the third core training in preparation for the next World Assembly of guided, inspired and accompanied by Since we are Arrived resonances individual and group very positive the first and second cores. This is important to remember the aim of these training centers is to the beauty and richness of our Association, creating bonds of communion and friendship through sharing, reflection and prayer. The worksheet, which can be answered individually or group proposes some or clues to reflectionn some contexts, there is no long therefore no have to respond to all questions the worksheet, but may choose to reflection, question helping them to deepen and Growth as Association from Salesian spirituality.

Today we the word our dear Mary Luisa Miranda, General Counsel for the field Family Salesian. She presents theme: **"A sense of belonging to the Association of Pupils of the Daughters of Mary Help of Christians"**.

The text of the third part of our core requires carefully reading which will allow us to understand the observations of psychological and pedagogical perspective. You can find the text on the web page www.exallievfma.org in the Life section of the Association. Please send your answers to the email address of Sister Maritza Ortiz maritzafma@yahoo.com.

I wish a happy feast of our Mother Mary Help of Christians. To Mary, Help of Christians, commend all Daughters of Mary Help, the Alumni and Former Studentsworld.

Words of Sister Mary Luisa Miranda:
"Sense of belonging to the Association of Pupils of the
Daughters of Mary Help of Christians"

Identity and belonging

We live in a time that has been defined in "anthropological crisis: denial of the primacy of the human being" (EG, 55). The fragmentation of our time, pluralism, relativism, and many other phenomena of our time, makes it difficult to acquire the identity and therefore the sense of belonging.

Identity and belonging are the two poles of the same reality that make a person self-conscious and aware of the world around her, which is not alone or isolated, but is part of something larger than itself, which precedes in time and space and, at the same time, transcends its own history.

According to the philosopher Simone Weil, every human being has the need for roots, noting that almost all the moral, intellectual and spiritual life of a person is achieved through environments which felt part way lifetime. Indeed, to feel part of a larger whole, frees us from loneliness and makes us feel safe from l to life challenges.

This feeling of belonging, far beyond the mere fact of integrating a group involves personal identification, generating affective ties, adoption of standards, habits and values, and a sense of solidarity with the other members. In fact, the greater the identification we achieve, the greater

the tendency to adopt the characteristic patterns of a group, the greater the chances of successfully living social relationships and a sense of transcendence in life.

Thus develops in man a conscious attitude towards others is reflected in who identify with their values and customs. This sense gives the person an active behavior so it is ready to identify with their group, to show their support, support or community inclusion publicly and defend it if necessary, because it is part of him, and in a way, ensures its own integrity and identity.

Social psychology has shown that the sense of belonging and feeling connected involves accepts do within their own family, the community. Form part of a group or association is important for the healthy development of individuals and to combat the problems of antisocial behavior, low self-esteem and depression.

Today, more than at other times in history, it is important to be part of an association like ours, to help preserve their own identity, to experience something and someone beyond our little world and transcends us; to free insulation, narcissistic individualism that threatens our generation. No *social network* can give the person what the meeting from person to person confers, or what enriches what is shared in a group: mission, vision and above all experience of the s values and meaning of life, elements that consistency to l human.

The Association of Pupils of FMA, membership Appoint

With the words, "*All things are yours; and you, of Christ and Christ is God*" , St. Paul concludes a dispute of "possessions" within the community of Corinth. Is deeply linked to a IDENTITY. So Paul reminds, that beyond people who have evangelized them Apollo, Peter, or Paul, is the deepest identity of the Christian: Christ be derived Hence all other commitments.

One of the concerns of those who have the responsibility of leading a group or an association is keep higher the "sense of MEMBERSHIP OF." This is the force that binds creates solidarity and fellowship among members and freeing the Association to become simply by a "aggregation" which occasionally meets with occasional targets.

Belonging is the expression of an identity that cannot live in the air. Identity and belonging are like two sides of the same coin, mutually intertwined. Conflicts in identity become visible in membership. Their belongings are given to us, such as family or ethnic and may be more or less conditions. Their belongings, such as those derived from faith or state of life assumed in mature freedom, involving all existence. But their belongings freely chosen as association membership, as in our case, because we identify with the values and the proposals it offers.

Membership in an association is inconsistent when it is based not sufficient awareness of personal or group identity. This can occur when there is no correspondence between own values and the values that the Association has, for some reason or not we recognize its. The identity without membership generates narcissism and individualism. Moreover, the sense of belonging without identity is like a mask that is adopted in the circumstances, the person so e l group, but that does not generate a real commitment and respect to fertility to the objectives proposed, or cordial adherence to the values you want to express as a person or as part of an association.

For this reason it is very important to accurately present what our Association, its mission, vision, why, why of their existence. So accession will be deeper and longer, it will be a membership chosen as expression Salesian values with which the / the alumnus / or identified. The result translates into a strong and important word: *linking*. This word is crucial especially in this culture of the ephemeral, of the deciduous than disposable.

A membership "in crescendo"

Being part of an association like ours requires constant process of formation, growth, consolidation, allowing mature identity and belonging as a result. We can speak of several levels of membership:

1st. Counsel's Level room, with an attitude rather the observer and sometimes involved, but without much commitment. There is a relative satisfaction with the Association. The level of dissatisfaction is low and because little occasional calls and little is given. In some people, attitude is more receptive than active: what gives me the Association, what are the benefits for me? There's a sense of "covenant". I am and I give what I can, in return, I get what the Association is of paramount wealth and profit.

2nd. Vital. This membership is one that has a future and vitalizes the group. It is an attitude of living of the Association, usually assuming the values proposed, feeling part of it, working with it and actively participating, although different modes, depending on age and condition of life itself. There is an internal and loving fidelity to the Association, beyond any interest. At this level there is an inner attitude of deep attachment linking, which gives value and meaning, which raises mutual esteem, which gives confidence, affection Therefore sorrows and joys, difficulties, hopes and projects are shared among members. In a word is given that "affective" and "effective" commitment that creates ties with the rest of the group and assumes the reality of the Association what it is with its lights and shadows, its limits and possibilities and feel "responsibly "as their own.

3rd. The Transformation. This is the highest level is expressed, first, in the interior and exterior of their acceptance criteria and behavioral patterns. Only free people can make membership transformation. Go beyond the legal and vital, they participate to a high standard. They are "graft people doing the same beneficial effect as a graft on a plant: it is assumed, but also transforms.

Three attitudes characterize this level: availability, delivery and acceptance are in very specific attitudes:

Promoting an association on the way. Living a dynamic and no installation or continuous repetition attitude.

Promoting an association or permanent construction. Working for a permanent and positive transformation of the Association consistent fidelity to its principles but flexible in its application to the reality of time and place.

Inspiring and sowing or the future of the Association. Accepting the difficulties and normal growth processes in a group and cultivating an "optimistic resilience" that exceeds the hard times and learn from them, creating new ways of being and expression of the Association, renewing permanently.

Heirs of dreamers, successors / is the charisma of Don Bosco and Mother Mazzarello at this time of rapid change, lost identities, belongings and lack of weak links, the Association of Pupils / os of the FMA, is mission to offer "alternative spaces" and the same opportunities that Don

Rinaldi gave the first alumnae Turin (cf. the Aims of the Association in the first regulation of the Alumnae Association of Turin 1908.)

A place to nurture and strengthen the identity.

An area of growth and commitment to the lay life and supported by Christians Salesian values.

A group membership to support and sustain the difficulty in the way of life interacting with the accompanying typically Salesian family spirit.

Lay a path of growth and realization of human and Christian life inspired our founders and Margarita Mama.

An opportunity to service delivery and neighbor in need, starting with the same alumnae, but the opening scene to the big local and global needs.

A permanent link to the charisma of its educators and particularly Mary Help, partner, mother, teacher and loyal friend of each alumnus. She collaborates with the Holy Spirit to shape the one true identity of the alumnus, the former student: "the daughter / sister of God and / or Jesus Christ" and therefore undertakes as "honest / or civic / or" for the Kingdom of God, a kingdom of truth, justice, love and peace, is made present in the society where he lives and transform.

WORKSHEET FOR CONFEDERAL, UNION FEDERATION AND ADVICE, AND FOR ALL / THE ALUMNAE WORLD

1. *Read with great attention the third core: Words of Sister Mary Luisa: "Sense of belonging to the Association of Pupils of the Daughters of Mary Help of Christians".*
2. According to the text presented by Sister Mary Luisa Do you experience membership Association at this time post-modern in which you live?
3. Think this is a time of crisis or an opportunity to really grow in the true sense of belonging to the Association in creating each and every Union federation the family atmosphere of unity, simplicity, Salesian? Explain your answer by proposing concrete steps and activities to grow in the sense of belonging to our Association.

Prayer to Mary Help

(Composed by St. John Bosco)



O Mary, Powerful Virgin, You, great and illustrious defense of the Church, You, marvelous Help of Christians, You, terrible as an army arrayed for battle, You, who alone, have destroyed every heresy the world over, You, in our anguish, in our struggles, in our temporal needs defend us from our enemy, You, who alone, have destroyed every heresy the world over, You, in our anguish, in our struggles, in our temporal needs defend us from our enemy, And in the hour of our death, welcome our soul into Paradise. AMEN!

